

HEALTH AND WELLBEING BOARD			
Report Title	2014/15 Dementia Action plan update		
Contributors	Kenneth Gregory – Joint Commissioning Lead – Adult Mental Health	Information Item No.	7D
Class	Part 1	Date:	24 March 2015
Strategic Context	Please see body of the report		

1. Purpose

- 1.1 This report provides members of the Health and Wellbeing Board with an update on Lewisham’s 2014/15 Dementia Action Plan. The report also seeks agreement to support the further development of 2015/16 Dementia Action Plan and subsequent initiatives that are intended to improve experience, outcomes and quality of life for Lewisham residents and patients.

2. Recommendations

Members of the Health and Wellbeing Board are recommended to:

- 2.1 **Note the content of this update on the 2014/15 Dementia Action Plan;**

3. Policy Context

- 3.1 Over the last few years the overall development and delivery of dementia services in Lewisham has been informed by national policies such as the National Dementia Strategy, Prime Minister’s Dementia Challenge, Improving Care for People with Dementia and the local London Strategic Clinical Networks Commissioners’ Checklist for Dementia.
- 3.2 The primary national policy for dementia is now the Prime Minister’s Dementia Challenge which aims to deliver major improvements on dementia care and research by 2015. The Dementia Challenge addresses the issue of better information for people with dementia and their carers through Key Commitment 5: “Promoting local information on dementia services.” As the challenge explains, “This uses the NICE quality standards and other evidence to provide information on the support people with dementia should expect to receive.” This

commitment addresses what services are available, how they can be accessed, and the quality of care people should be experiencing.

3.3 The Improving Care for Dementia Patients policy outlines that around 800,000 people live with Dementia in the UK at an overall cost of £23 billion to the economy. The policy established a series of actions to improve the quality of care most notably the implementation of GP incentive schemes to increase the rate of early dementia diagnosis in primary care, requesting that all hospitals in England become dementia friendly and asking trusts to appoint a clinical lead for dementia who will be responsible for ensuring that staff are trained in dementia care.

3.4 In London, the Strategic Clinical Network has recently released a Dementia Commissioners' Checklist to be used when commissioning services at the local level. In section 3, the key issues around Living Well with Dementia are addressed.

3. Living well with dementia				
	Aim	Detail	Measurement /Outcome	Evidence base/Resources
3.1	Best practice immediate post diagnosis support	<p>Support tailored to the individual's needs and wishes.</p> <p>Services work together towards equity of access to diagnosis</p> <p>See also London Dementia SCN: Immediate post diagnosis support</p>	<p>Evidence of comprehensive discussion including diagnosis, prognosis, treatment and support, carer support, keeping well and planning for the future.</p> <p>For the full checklist see also London Dementia SCN immediate diagnosis support</p>	<p>NDS Objective 3: Good-quality information for those with diagnosed dementia and their carers.</p> <p>London Dementia SCN: Immediate post diagnosis support</p>
3.2	Activities in all settings suitable for people with dementia and appropriate to their needs	<p>There is a range of meaningful activities appropriate to the severity of their dementia (including late stage)</p>	<p>Evidence of range of activities that are based on ability and likes of the person with dementia</p> <p>Evidence of regular review of whether current activities meet the needs of the individual</p>	<p>NICE QS50:Quality statement 1: Participation in meaningful activity NHS OF: Domain 2 – Enhancing quality of life for people with long-term conditions</p> <p>SCIE 47: Private sector providers NICE QS30 - Leisure activities of interest and choice</p>

3.5 In Lewisham, the Sustainable Community Strategy sets out 6 priority outcomes for the future of the borough. The "Health Active and

Enjoyable” priority will inform the development of all commissioned dementia services. This priority aims to get people actively participating in maintaining and improving their health and well-being in the following three ways:

- Improve the well-being of our citizens by increasing participation in healthy and active lifestyles.
- Improve health outcomes and tackle the specific conditions that affect our citizens.
- Support people with long term conditions to live in their communities and maintain their independence.

3.6 The Health and Wellbeing Board supports the delivery of the strategic vision for Lewisham as established in Shaping our Future – Lewisham’s Sustainable Community Strategy and in Lewisham’s Health and Wellbeing Strategy.

4. Background

4.1 Dementia is a progressive and largely irreversible clinical syndrome that is characterised by a widespread impairment of mental function. Dementia is associated with complex needs and, especially in the later stages, high levels of dependency and morbidity. Dementia care needs often challenge the skills and capacity of carers and services. Dementia mainly affects older people, although there is a growing awareness of cases that start before the age of 65. After age 65, the likelihood of developing dementia roughly doubles every five years.

4.2 The Lewisham 2010-11 JSNA highlighted that London currently has a relatively young population compared to the country as a whole, with only 11.5% in the 65 and over age group. Lewisham has an even smaller proportion of over 65s, at 9.5% of the total population. Population structures vary substantially across London which explains some of the variation in the number of people with dementia across London

4.3 Lewisham has a stable older adult population with dementia up until 2021. This consists of an estimated 1,781 people with dementia in 2007 and 1,657 people in 2021.

4.4 In Lewisham there will be an increase of BME elders requiring dementia services. The general rise of 33.3% in the Lewisham BME population over 20 years implies an additional 350 additional BME clients will require dementia services.

4.5 Estimates suggest that approximately 580 BME clients will require dementia services by 2021. Lewisham has lower levels of dementia (1.2% of the population over 30 years old or 1,781 people) than the London average, with very small numbers of early on-set dementia (48) for over 30’s.

4.6 Based on our understanding of the locally assessed need the following principles have been applied to the development of local care pathways.

- **Encourage help-seeking and help-offering (referral for diagnosis) by changing public and professional attitudes, understanding and behaviour.**
- **Make early diagnosis and treatment the rule rather than the exception; and achieve this by:**
- **Enabling people with dementia and their carers to live well with dementia by the provision of good-quality care.**
- **Establishing a single care pathway (2010-11 JSNA).**

5. Progress Update

5.1 Local commissioning of dementia services has been led by the Joint Commissioning team comprised of Lewisham Council and Lewisham Clinical Commissioning Group (CCG) staff. A partnership approach has been adopted to support the on-going development and improvement of dementia care pathways. Through the implementation of a service improvement and re-design process with the voluntary sector, South London and Maudsley Mental Health Trust, Primary Care and Lewisham & Greenwich Health Trust an integrated care pathway for dementia incorporating diagnosis, treatment and social support has been created.

5.2 From 2013 there has been increased focus on the national dementia diagnosis rate of “67% of people estimated to have dementia being diagnosed”. In Lewisham, at January 2015, the current performance against this target is 53%. Performance across London is at 60.33% (January 2015) requiring considerable progress to be made across the region.

5.3 The Dementia Diagnosis Rate is part of the Clinical Commissioning Groups Assurance Framework and a series of actions are being undertaken by the Joint and Primary Care Commissioning teams to increase performance by the end of March 2015. These actions are incorporated into 2014/15 Dementia Action Plan that is intended to improve the experience and quality of life for all Lewisham residents that have dementia or are affected by loved ones with dementia.

5.4 The Lewisham 2014/15 Dementia Action Plan is comprised of several main themes and key actions and milestones related to each theme.

- Improving the Dementia Diagnosis rate
- Forming the Dementia Action Alliance
- Improving dementia awareness
- Dementia Friends

- Presentations to GP Neighbourhoods
- Care pathway improvements
- Presentations to professional groups

5.5 The 2014/15 Dementia Action Plan supports the delivery of the national policies and development principles from the 2010-11 JSNA.

5.6 Increased local awareness in the public domain regarding the impact of dementia on local residents is a central component of the Action Plan. The creation of dementia friendly environments requires local authorities, health authorities, health providers and business to commit to improving awareness via Dementia Friends training or joining the Dementia Action Alliance.

5.7 The Joint Commissioning team has supported the development of the local Dementia Action Alliance on behalf of the Lewisham Council and Lewisham CCG and will support the formal launch in May 2015. In addition to the support provided the Dementia Acton Alliance the Joint Commissioning team have and continue to co-ordinate Dementia Friends training for Lewisham Council and Lewisham CCG staff members.

5.8 Further initiatives are being developed by the Joint Commissioning Team in conjunction with providers and partners and will be incorporated into the 2015/16 Dementia Action Plan.

6. Financial implications

6.1 The dementia services that are incorporated in the 2014/15 Dementia Action Plan are funded by the dementia budget held by the CCG but managed via the Joint Commissioning Team.

6.2 There are no direct financial implications for the Lewisham Council as a result of the delivery of the 2014/15 Dementia Action Plan.

7. Legal implications

7.1 There are no specific implications

7.2 Members of the Board are reminded that under Section 195 Health and Social Care Act 2012, health and wellbeing boards are under a duty to encourage integrated working between the persons who arrange for health and social care services in the area.

8. Crime and Disorder Implications

8.1 There are no specific implications

9. Equalities Implications

- 9.1 No new services have been created as a result of the 2014/15 Dementia Action Plan. Any potential service development or significant service change will require Equality Analysis Assessment to be undertaken by the service providers and/or commissioning lead.
- 9.2 The improvements of the Dementia Diagnosis Rate is intended to increase the numbers of patients in treatment and support, all services will need to consider the increase in service access by those with protected characteristics to ensure that services are suited to meet their needs.

10. Environmental Implications

- 10.1 There are no specific implications

11. Conclusion

- 11.1 The Dementia Action Plan pools a series projects and initiatives into a single programme of work focused on improving the experience of service provision and the quality of life of Lewisham residents with dementia.
- 11.2 There is a considerable amount of work to complete to increase the rate of early diagnosis and patient progression from the point of assessment to treatment and support. Further resources are being made available via the CCG to improve early diagnosis and the Joint Commissioning team will continue to work with providers, service users, carers and partners to enhance and improve service pathways.
- 11.3. It is proposed that an update on the progress against the 2015/16 Dementia Action Plan be submitted to the Health and Wellbeing Board in October 2015.

Background Documents

[Prime Minister's Dementia Challenge](#)

[London Strategic Clinical Network Dementia Commissioners' Checklist.](#)

[The National Dementia Strategy](#)

[Improving care for people with dementia](#)

2014/15 Lewisham Dementia Action Plan (Appendix 1)

If you would like further information on this report, please contact Kenneth Gregory,
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Appendix 1

Dementia Action Plan 2014/15

Themes	Tasks	Delivery Lead/Support	Strategic Relevance/Intended Outcome	Completion/review Date	Progress Update
Dementia Diagnosis Rates	Coding exercise letter including individual surgery rates and targets	Joint Commissioning Manager/GP Dementia Lead	Encourage all GP practices to check that dementia coding is accurate and hopefully increase rates by correcting coding errors	Letter beginning of December, returns expected 31 January	Task Completed
	Target surgeries with large care home population to look at diagnoses	Joint Commissioning Manager/GP Dementia Lead	Potential for finding unregistered dementia diagnosis is high in GP surgeries with a high care home population.	Returns expected 28 February 2015	In progress
	Dementia Friends training of all primary care practice staff (GPs, Admin, managers, etc)	Joint Commissioning Manager/GP Dementia Lead	All front-line/public facing staff is a dementia friend. Staff better equipped for helping patients who have dementia.	31 March 2015	Training scheduled to be developed
	Support struggling surgeries with screening	Joint Commissioning Manager/GP Dementia Lead	Identify reasons why rates are low and develop strategies for increasing screening and referrals to Memory Service	31 March 2015	A engagement schedule has been drafted targeting all practices with large populations and low diagnosis rates
	Support Dementia DES	Joint Commissioning Manager/AD Primary care Commissioning	Identify which surgeries are using DES and determine where additional support may be necessary	To begin Early 2015	CCG Commissioning Leads for Mental Health and Primary Care have written to all GP surgeries encouraging participation

	Supply training to primary care nurses doing home visits, Parkinson's disease nurses and nurses doing influenza vaccines to recognise signs of dementia and how to do basic screening and refer to GPs and/or the Memory Service for further assessment	Joint Commissioning Manager/Memory Service Manager	Professionals doing home visits may notice signs of dementia that have been previously missed. Home visits also allow more access to carers, who may express concern about the patient's memory. Potential to increase new referrals for assessment or identify patients who may be "known" to have dementia but have never been given a diagnosis.	Training courses planned by 15 January 2015. Dates offered for registration by 31 January	Training dates to be revised action not completed.
	Offer training to care home staff to recognise signs of dementia and how to do basic screening and refer to GPs and/or the Memory Service for further assessment	Memory Service Manager	Enable care home staff to recognise when a patient should be referred to their GP for an assessment of memory problems, just as they would be for a physical ailment. Potential to increase diagnoses of new cases.	Training courses planned by 15 January 2015. Dates offered for registration by 31 January	Training dates to be revised action not completed.
Forming a Dementia Action Alliance (DAA) in Lewisham	Lewisham DAA Introductory text to be written for national website	Training dates to be revised action not completed.	Described in the Prime Minister's Dementia Challenge. Publishing text on national website indicates activity started in the borough	12 December 2014	Action completed
	Joint Action Plan to be produced for LBL/CCG	Training dates to be revised action	Outlines steps Lewisham is taking to be more dementia	12 December 2014	Action completed

		not completed.	friendly.		
	Local DAA group to be launched	LBL/CCG MindCare Sydenham Garden Age Exchange Carers Lewisham	Collaboration between local dementia providers to raise public and professional awareness	31 December 2014 (Web) End of May 2015 (event)	DDA launched on the national website and first initial full meeting to held on 26 th February
	Start process for Dementia Friendly communities	DAA group	Described in the Prime Minister's Dementia Challenge. The DAA forms part of this process, which is separate and may require funding to get off the ground	On-going throughout 2015	In progress
	Increase local membership in DAA and expand group	DAA Group (potentially through Awareness Day)	As awareness spreads, the DAA should become more independent and move away from LBL/CCG guidance and become a community run body.	On-going throughout 2015	In progress
Improving Dementia Awareness	DAA plan day and workshops	DAA membership	Plan a full day at the Civic Suite to raise awareness of diagnosis, the Memory Service and voluntary sector opportunities for Lewisham residents with dementia and their carers, as well as medics and other professionals working locally	May 2015	In progress LBL Mayor to be invited to formally launch the DAA
	Include dementia friends Sessions	Joint Commissioning Manager to	Described in the Prime Minister's Dementia Challenge. Increasing	May 2015	In Progress

		contact Alzheimer's Society	Dementia Friend numbers also works towards Dementia Friendly Community designation		
	Include "help" sessions signing up local businesses/organisations to DAA	Joint Commissioning Manager to contact Alzheimer's Society	Increase local membership of the DAA to raise awareness and move group from commissioning supported to community supported	May 2015	In progress
Dementia Friends	Train all CCG staff to be a Dementia Friend	Joint Commissioning Manager	Described in the Prime Minister's Dementia Challenge. Show CCG's commitment to the issue	December 2014	Task completed
	Identify and train key staff at LBL	Joint Commissioning Manager to identify LBL contact	Described in the Prime Minister's Dementia Challenge. Show CCG's commitment to the issue, particularly in public-facing roles.	31 March 2015	In Progress
	Incorporate Dementia friends programme into corporate induction and/or mandatory training at LBL/CCG	Joint Commissioning Manager	Change organisational focus towards integrating dementia awareness with all staff groups and across the entire organisation.	Contact by 30 November, full implementation by end of 2015	Contact made at LBL, awaiting decision.
	Bring Dementia Friends training to key frontline staff in GP surgeries	Joint Commissioning Manager/GP Dementia Lead	Receptionists and practice managers often have a lot of contact with the public and may be able to assist diagnosed patients as well as	To begin December 2014	In Progress

			flag up convers to medical teams.		
	Facilitate Dementia Friends sessions in the community	Joint Commissioning Manager in conjunction with DAA	Described in the Prime Minister's Dementia Challenge. Also working towards Dementia friendly Community status.	2015	In progress
Presentations to GP neighbourhoods	Present prevalence, diagnosis rates, treatment and referral pathway at neighbourhood meetings	Joint Commissioning Manager/GP Dementia Lead	Aim towards improving diagnosis rates and reaching 67% target	To begin December 2014	Neighbourhood GP meetings have been attended by Dementia lead with a focus on completing the data cleansing exercise
	Present Dementia Friends programme	Joint Commissioning Manager/GP Dementia Lead	Get commitment from GPs to roll out programme to their surgeries.	To begin December 2014	In progress
	Develop presentation to put on GPI	GP Dementia Lead	Provide easy access for GPs to prevalence and diagnosis rates with suggestions for improving outcomes	To begin December 2014	In progress
Memory Service & care pathway referral improvements	Review of referral information for clarity and accuracy. (including GPI) Review of referral paperwork	GP Dementia Lead/Memory Service Manager	With awareness, referral rates may increase. Provide clear instructions and pathways, ensure referred patients have the diagnostics done. Avoid inappropriate referrals	To begin November 2014	In progress
Further presentations to professional groups	Present dementia action plan at Young	AW	Raise awareness of the dementia action plan with a	November 2014	Completed October 2014

	Practitioners' Meeting		network of younger GPs across Lewisham with the aim of them taking the information back to their practices		
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